

Podiatry

01536 204701 or Book Online

David Walker • Janet Francis-Flores • Phil Rowbotham
BSc (Hons) Podiatry. MRCPod members. HCPC Registered.
NHS experienced.

Podiatry can help with a wide range of foot and lower limb conditions and disorders. A visit to a podiatrist can dramatically improve mobility and maintain fit, active and pain free feet.

When your feet hurt, you hurt all over!

Treatments include:

- ✓ Nail management ✓ Diabetic foot care
- ✓ Ingrown toenail treatment and nail surgery
- ✓ Removal of corns and callus ✓ Steroid injections
- ✓ Verrucae and warts treatment
- ✓ Biomechanical examination and the provision of insoles and orthotics

Just Nails Service

by Podiatry Assistant - Yvonne Strand
NHS trained and experienced.

Yvonne is skilled at providing all aspects of nail care, delivering excellent treatment at a reduced cost.

Gift Cards also available - see website for details

01536 204701

Free
parking
on site



CORBY'S 1ST MULTIDISCIPLINARY CLINIC

ACUPUNCTURE

COUNSELLING

CRANIOSACRAL THERAPY (CST)

EAR WAX REMOVAL

HEARING TESTS

OSTEOPATHY

PHYSIOTHERAPY

PODIATRY / CHIROPODY

SPORTS MASSAGE

Corner of
Station Road
and
Oakley Road

01536 204701



Online booking available for Podiatry appointments
www.PodiatryPlusCorby.co.uk

See our website for NEW therapies and prices
www.PodiatryPlusCorby.co.uk

At Podiatry Plus we aim to make you feel better from Head to Toe, with a range of registered and experienced therapists.

- ✓ Details of therapies and prices can be found on our website
- ✓ Each therapist keeps their own appointment diary and has a direct dial phone number
- ✓ You can contact therapists directly via the website

Below is a taste of the ways we can help you:

Acupuncture

07836 631 037

Susan Lockwood

Lic, Ac, MBACc (member of the British Acupuncture Council)
Acupuncture can help with a wide variety of conditions.
Please get in touch to discuss how I can help you today.

- ✓ Female health ✓ Fertility, pregnancy and menopause
- ✓ Anxiety/stress/depression ✓ Migraines/headaches
- ✓ Back and general pain management

Counselling

07754 423 043

Tracey Derrick
BACP-registered

Counselling for adults, young people & families.
A safe, supportive space to explore anxiety, low mood, stress,
trauma, addiction or relationship difficulties.

Online and in-person appointments available.

Craniosacral Therapy (CST)

07365 800 854

Edina Palko (RCST)

Registered Craniosacral Therapist and Reiki Master.

Craniosacral Therapy is a light touch, non-invasive therapy
which has developed from the field of Osteopathy.
CST enhances the body's own ability to heal naturally.
This treatment is suitable for adults and children.

CST can help with:

- ✓ Anxiety ✓ Stress ✓ Chronic pain ✓ Arthritis ✓ Headache
- ✓ Nervous system disorders ✓ Vertigo ✓ Tooth clenching and grinding
- ✓ Joint pain ✓ Sciatica ✓ And many other conditions

Ear Wax Removal

0800 740 8286

Hidden Hearing

We remove excess ear wax using micro-suction. It is a safe, quick and efficient procedure where the wax is gently sucked out of your ear using a very small tube.

Once we have removed your wax, we will carry out a short hearing screening to check that your hearing is working as it should.

Call us today to book your ear wax removal appointment.

Hearing Tests

0800 740 8706

At Hidden Hearing we appreciate that hearing loss can be a very sensitive subject. We are proud to offer a complete lifetime hearing care service, from consultation and supply, to aftercare and maintenance.

We strive to provide the highest standard of care to all our customers.

Get in touch today for your free hearing assessment & consultation.

Osteopathy & Sports Massage

07800 973 346

Chandani Karbhari

(B.Ost. Registered Osteopath)

We aim to find and treat the root cause of your problem by providing an expert examination, thorough assessment and effective treatment. Treatments can also incorporate acupuncture, ultrasound, rock tape, and joint manipulation as needed.

We can help with:

- ✓ Back and neck pain ✓ Sciatica and trapped nerves ✓ Headaches & migraines
- ✓ Sports injuries ✓ Pelvic and back pain during and post pregnancy
- ✓ Muscle, joint & ligament problems ✓ and much more!

Physiotherapy & Sports Massage

07397 285 893

Monika Stachowska

(MSc Physiotherapy; HCPC Registered; CSP Member; **NHS** Experienced)

Qualified Physiotherapist and Sport Coach offering treatment and rehabilitation for all injuries, regardless of where or how they happen.

Treatment for:

- ✓ Back, neck & shoulder pain & injuries ✓ Sciatica ✓ Muscle pain
- ✓ Postural problems ✓ Rehabilitation following surgery

Services:

- ✓ Sport and Remedial Massage ✓ Postural re-education
- ✓ Core Stability ✓ Rehabilitation Programmes
- ✓ Pre and post-surgical rehabilitation